

LOCAL TRAINING

Beyond the Classroom: Engaging Parents in Creating Healthy Food and Physical Activity Environments



Train-the-Trainer

This training will give you new ideas for engaging parents in local school wellness policy implementation, monitoring and evaluation.

Learn How To:

- Educate parents about local school wellness policy
- Empower parents to become advocates for improved nutrition and physical activity environments in their child's school
- Overcome barriers to parent participation
- Effectively reach parents

Who Should Attend?

- School district wellness leads and committee members
- School district parent involvement coordinators
- Local community leaders/advocates working to improve physical activity and nutrition environments
- PTA/PTO leadership
- Community Health Workers/Promotores de Salud

Free registration includes lunch, refreshments and Parents in Action! tool kit

For more information call
916-552-9871

Register Today

Trainings are free but space is limited.

Register Online at

<http://www.caldiabetes.org/events.cfm>

November 3

Anderson Teen Center
2889 E. Center Street
Anderson, CA 96007

November 20

Tulare Cooperative
Extension
4437-B S. Laspina St.
Tulare, CA 93274

Date TBD

Oakland, CA

January 12

The California Endowment
1000 North Alameda St.
Los Angeles, CA 90012



CPL is a joint program of the California Department of Public Health and Public Health Institute. For more information visit www.CaliforniaProjectLEAN.org.

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ALL TRAININGS ARE FROM 9 AM - 3 PM